

## WELCOME TO TRIVEDA

OUR PANCHAKARMA CONSULTATION PRICES | 2022

## PANCHAKARMA RETREAT CONSULTATION

50 Mins

For a deeper more traditional cleanse a residential stay at our India retreat is essential. This initial Panchakarma consultation, at one of our London clinics, is designed to discuss your health goals, diagnose your current imbalance, the strength of your digestion; level of toxicity and capacity to undergo cleansing. We will also discuss your suitability for Panchakarma and practical time to travel to India.

## This includes

- Initial Consultation to look at current imbalance, tongue and pulse diagnosis
- Liaising with your Ayurvedic Doctor in India to design your personalised Panchakarma
- Co-ordinate your Panchakarma and stay with our India Retreat
- Arrange collection from the airport
- Support you during your stay in India throughout your Panchakarma
- Address any concerns you may have during your treatment / stay
- Have all your dietary and herbal recommendations sent to us post treatment
- Support you on your return on how to implement the recommendations in the UK

Panchakarma Consultation & Retreat Support | £200

online or at our clinic

